# Implicit Stereotype-based Bias: <br> Potential Impact on Faculty Career Development 

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## Topics to cover

- Origins of implicit bias (focus on gender)
- When and how implicit bias may impact women's academic career advancement
- Evidence-based strategies to reduce the impact of implicit bias


## Evidence of implicit bias

- Women faculty provided fewer institutional resources and lower pay
(Tesch et al. JAMA, 1995; Carr et al. Ann Int Med, 1998; Ash et al. Ann Int Med, 2004)
- Women physicians who submit R01 proposals to NIH are significantly less likely than men to be funded (Ley \& Hamilton Science, 2008)
- Women faculty more likely assigned "institutional housekeeping" (Bird et al., NSWA Journal, 2004; Shollen et al., Acad Med, 2009)
- Letters of recommendation for women med school faculty are shorter, have more references to personal life, and contain fewer "outstanding" descriptors (Trix \& Psenka, Discourse \& Soc, 2003)
- When the gender of the author is known, women are less likely to have their publications accepted (Budden et al, Trends Ecol Evol, 2008)
- "Goldberg" designs indicate that work performed by women rated of lower quality than the work performed by men regardless of gender of rater (Isaac et al, Acad Med 2009)


## Characteristics of Implicit Biases

## 1. Ordinary

- Stem from our natural tendency to form associations to help organize our social worlds

2. Pervasive

- Prevalent among men and women, blacks and whites, young and old, etc.

3. Learned from culture

- Reflect the "thumbprint of culture" on our minds

4. Often conflict with consciously endorsed beliefs

- Dissociation between implicit and explicit responses


## Characteristics of Implicit Biases

## 5. Consequential

- Predict behavior better than (and often at odds with) explicit measures
- Constrain the opportunities of targets of implicit bias


# Gender Stereotypes Common assumptions about how men and women behave 

> Men are agentic: Decisive, competitive, ambitious, independent, willing to take risks
> Women are communal: nurturing, gentle, supportive, sympathetic, dependent
> Lead to expectancy bias and assumptions of occupational role congruity
> Social penalties for violating prescriptive gender norms

> Works of multiple authors over 30 years: e.g.
> Eagly, Heilman, Bem, Broverman

"Think-manager-think-male phenomenon"
Schein VE, J Social Issues. 2001;57(4):675-688.


Agentic behaviors: valued in men; prohibited for women

When might implicit biases work against women's advancement in academic medicine?

- Socialization of women toward "communal" specialties and lower status activities
- Women physicians need to navigate the terrain between "giving orders" with gender norms for behavior
- Gender bias in evaluation for high status positions and rewards
- Evaluation for tenure
- Awarding grants

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Gender is a powerful status cue: male >female

## "Agentic" specialties: Surgery, Orthopedics, Urology

Lower status within specialties:

- education,
- service,
- anything specific to care of women,
- lower rank,
- non-tenured

Higher status within specialties:

- procedures (e.g. interv. cards, gyn oncology),
- higher rank,
- tenured
"Communal" specialties:
Pediatrics, Family
Medicine, primary care IM specialties
(GIM, Geriatrics)


## Medical School Performance Evaluations: Does gender affect words and descriptors?

- Medical Student Performance Evaluation (MSPE); AAMC attempt to standardize the "dean's letter"
- 297 MSPEs of medical students applying to a diagnostic radiology residency:
- 227 male and 70 female students
- 151 male, 140 female, 6 unknown authors (all Assoc. Dean or comparable)
- Word categories, frequencies, and context analyzed


## Gender differences

- Male authors wrote shorter letters (209 words) ( $p=.014$ )
- Main effect student gender (MANOVA; Wilkes $\lambda, p=.046$ )
- Interaction of author gender with student gender ( $p=.077$ )
- Main effect of author gender ( $\mathrm{p}=.071$ )
- Differences in 3 word categories (univariate $F$ tests):
- positive emotion (good, excellent, honors, eager, enthusiastic)
- male students with female authors lowest ( $p=.006$ );
- motion (pass, received, following, took, step, attending, advanced)
- female students with female authors > male students with male authors ( $p=.027$ )
- space (high, level, above, where, over)
- male students with female authors > male students with male authors ( $p=.007$ )
- No difference NRMP ranked by author-student gender (26 M, 9 F)
- Ranked students: "standout" ( $p=.002$ ) and "positive emotion" (p = .001)

Factor analysis - different patterns of words and descriptors in the 4 author-student gender pairs

## Factor synthesis

- Male students:
- Work eagerly, responsibly, and above expectations toward becoming an outstanding, insightful specialist
- Female students:
- Work hard and enthusiastically; ask insightful questions befitting a specialist but would be exceptional in family medicine where they can take less initiative and responsibility


## Male and female students socialized toward different specialties?

- Female students with female authors: Family medicine correlated with standout adjectives
- Male students with male authors: Family medicine absent
- Male students with female authors: Family medicine negatively correlated with ability and insight
- "[he] really surprised us! ..."although [he] received highest honors on [his] family medicine rotation, surely [his] finest performance was on surgery: ... [he] was outstanding - spoke with families, got consent forms signed, was extremely aggressive...."


## Conclusions

- Our results suggest that gender can override attempts at standardization of medical student performance evaluations
- These differences did not appear to affect the ranking of individual students
- The pattern of descriptors suggests that women may be subtly socialized toward family medicine which requires further exploration

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## Does gender affect resident experience with directing patient care?

## Mixed methods

- Survey:
- 65/100 UW Medicine Residents responded
- Vignettes with varying degrees of assertive responses
- Self-assessment of stress in giving orders
- Rating of factors that affect effectiveness in directing patient care
- Semi-structured interview:
- 16 residents


## Survey results

- Male residents higher cumulative assertiveness score ( $p=0.047$ )
- Difference in self-reported stress by year of training ( $p=0.008$ ) but not gender ( $p=0.86$ )
- $30 \%$ female and no male resident ranked gender as the greatest disadvantage in directing patient care ( $p<0.01$ )


## Interviews

Congruent with gendered norms:

- Men more likely "authoritative" "confident" "assertive"
- Women more likely "reflective" "self-conscious"
- "Tone" noted to be important for women

Representative quotes:

- "I've seen men able to say things in just terrible tones, but it's just accepted. Whereas if a woman tried that..." Senior M
- "It just didn't seem right for me to tell people what to do, even if I was asking them in a nice way." Junior F
- "Sometimes you're afraid that you'll be thought of as being bossy or too aggressive." Junior F


## Conclusion

Gender impacts the residency experience, especially for women in ways that are consistent with research.

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## Semantic gender priming and tenure criteria?

- Top 25 ranked medical schools
- Tenure criteria from websites
- Scanned for "Leader"
- Slopes of regressions for annual \% tenured women x 7 years
- "Leader" = OR 6.0 (1.02, 35.37) for slope below median compared to those without

Marchant, Bhattacharya, Carnes. J Woman's Health, 2007


Presence of the word 'Leader'

Figure 1. Box plots of beta coefficients (slopes of regression lines) for annual change in percent faculty who are tenured women over 7 years. Schools with the word "leader" in tenure criteria have significantly higher odds of having a slope below the median slope for all institutions $(p=0.04)$.

## Semantic gender priming and the NIH Director's Pioneer Award?

- 2004: 0 women out of 9
- 2005: 6 women out of 14 ( $43 \%$ )
- 2006: 4 women out of 13 ( $31 \%$ )
- 2007: 4 women out of 12 ( $33 \%$ )
- 2008: 4 women out of 16 ( $25 \%$ )
- 2009: 7 women out of 18 ( $39 \%$ )

Were women doing better science after 2004 or was there something else?

## 2004

## $\geq 2005$

## Emphasis on risk

Risk-taking emphasized:

- "exceptional minds willing and able to explore ideas ...considered risky"
- "take...risks"
- "aggressive risk-taking"
- "high risk/high impact research"
- "take intellectual risks"
- URL includes "highrisk"

Emphasis on risk removed:

- "pioneering approaches"
- "potential to produce an unusually high impact"
- "ideas that have the potential for high impact"
- "highly innovative"
- URL no longer includes "risk"

Carnes et al. JWH, 2005; Carnes, Nature, 2006

## Systematic Review of Interventions Affecting Gender Bias in Hiring

- 9639 from 9 electronic data bases
- 1920 abstracts screened
- 130 articles reviewed in full
- 27 met criteria:
- After 1972
- Randomized, controlled design
- "Goldberg" paradigm ( M and F with identical qualifications rated for employment outcomes)
- Participants blinded to intent
- Both genders in applicant pool and raters


## What can institutions do to mitigate bias against women in hiring settings? <br> At least 1 RCT = level 1 evidence

- Infuse environment with statements that research evidence shows equivalent gender competence in relevant roles
- Encourage raters to take adequate time
- Allow applicants to provide individuating evidence of job-relevant competency
- Work for applicant pool to have at least $25 \%$ women
- Do not ask about parenthood status
- Use structured vs unstructured interview questions
- Avoid man-suffix job titles (e.g. use chair rather than chairman)
- Use inclusion vs. exclusion strategy for selection from final list
- Implement training workshops for personnel decision-makers

Isaac, Lee, \& Carnes. Acad Med, 84:1440-46, 2009

## Searching for Excellence \& Diversity

- Five Essential Elements of a Successful Search
- Run an effective and efficient search committee
- Actively recruit an excellent and diverse pool of candidates
- Raise awareness of unconscious assumptions and their influence on evaluation of candidates
- Ensure a fair and thoroughtreview of candidates
- Develop and implement an effective interview process

Figure 1. Percentage of New Women Faculty Hired in the UWSMPH by Any Workshop Attendance, 2000-2008


- 2000-2004 (before workshop implementation) - 2005-2008 (after workshop implementation)
* Participating departments sent at least one faculty member to a workshop sometime between 2004-2007. Non-participating departments have sent no faculty to a workshop.

Sheridan et al., Acad Med, 2010

## Review

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